

TRANSFORMER TAG

READY

EQUIPMENT:

NONE

SET-UP:

RECTANGULAR OR SQUARE BOUNDARY

NUMBER OF STUDENTS: 15+

TIME: 15 MINUTES +

EXPLAIN

- 1 Line up! I'm going to make two teams.
- 2 One team will put one hand on their heads, and the other team will put one hand on their stomachs.
- 3 You must tag someone from the other team to transform (switch hand position) them to your team.
- 4 If tagged, you transform (switch hand position), become a part of the other team and continue to tag.
- 5 Keep playing until everyone is on one team.

✓ **For Understanding:**

- What do you do when you are tagged if you have a hand on your head?
- When do you know a team has won the game?

GAME TIP:

- Use students to demonstrate the rules of the game.

CONFLICT RESOLUTION TIP:

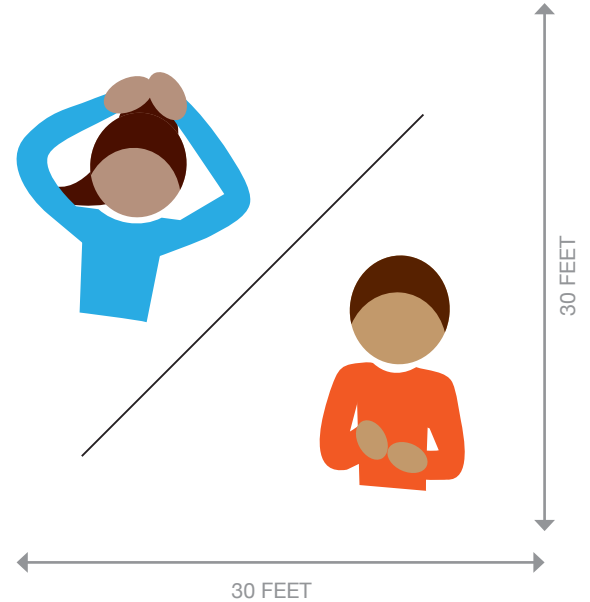
- Have students high-five each other after being tagged.

INDOOR TIP:

- Have students walk/hop rather than run.

PLAY → REP IT OUT!

- **EASY:** Tag the shoulders only.
- **MEDIUM:** Tag the legs only.
- **HARD:** Tag the elbows only.



CATEGORY:

TAG

ENVIRONMENT:

LARGE PLAYGROUND

GRADES:

K-5

FITNESS FOCUS:



BACK-UP GAMES:

AND AID TAG

FITNESS TAG

MIRROR TAG