

READY

EQUIPMENT:

10+ CONES

SET-UP:

SQUARE OR RECTANGLE BOUNDARY

NUMBER OF STUDENTS: 20 +

TIME: 20 MINUTES +

EXPLAIN

- 1 Line up! We are going to make 4 teams. Each team will have one circle and pick one person to be in their team's circle.
- 2 There will be one 'tree' in the middle containing 10 'coconuts' (cones).
- 3 One player at a time will grab one coconut at a time from the tree and give it to your teammate in the circle. First team to get 4 coconuts in their circle wins!
- 4 Players may also choose to go to other teams' circle instead of going to the tree.
- 5 Players may not guard their coconuts.

✓ **For Understanding:**

- How many coconuts can you grab at once?
- How many people can go after coconuts from each team?

GAME TIP:

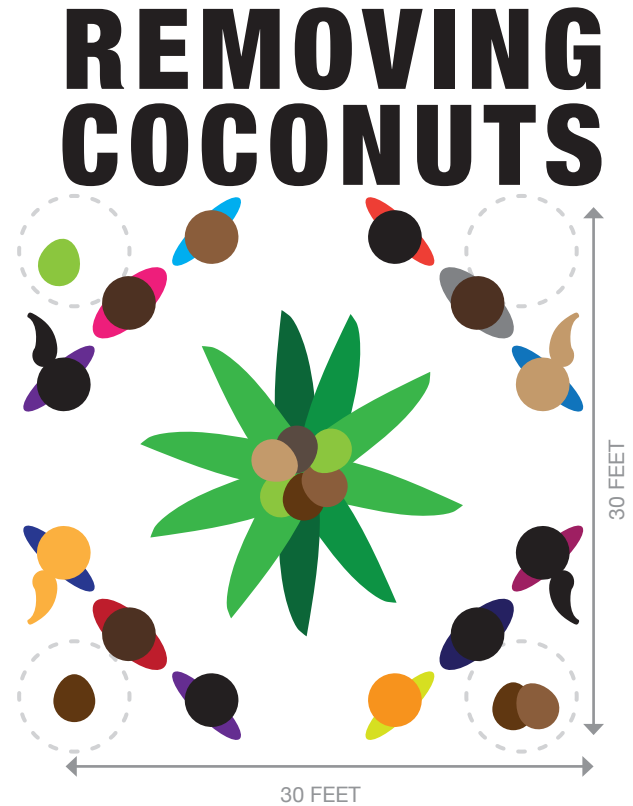
- Have players tag each other with two fingers to send someone back to their team.

CONFLICT RESOLUTION TIP:

- Have students do Rock-Paper-Scissors to solve any argument.

OUTDOOR TIP:

- Create a larger distance between teams and the tree.



CATEGORY:

RELAY RACES

ENVIRONMENT:

GYM

GRADES:

3-5

FITNESS FOCUS:



BACK-UP GAMES:

PIZZA DELIVERY
 SEQUENCE TOUCH
 TIC-TAC-TOE RELAY

PLAY → REP IT OUT!

- **EASY:** Have students walk.
- **MEDIUM:** Have students hop on two feet.
- **HARD:** Have students hop only.