

# HOT AND COLD

## READY

### EQUIPMENT:

COIN OR SMALL OBJECT

### SET-UP:

HAVE STUDENTS SEATED AT DESKS

**NUMBER OF STUDENTS:** 20 +

**TIME:** 15 MINUTES +

## EXPLAIN

- 1 Everyone sit at your desk. I'm going to pick 1 "seeker" and 1 "hider."
- 2 The "seeker" will leave the room, while the "hider" hides a coin somewhere in the classroom.
- 3 Call the "seeker" back into the room to search for the coin. The other students will help guide the "seeker" closer to the coin.
- 4 If the "seeker" is far from the coin the students will call out "freezing." As the "seeker" gets closer, the students call out "cold," then "warm," then "hot."
- 5 The "seeker" gets 1 minute to find the coin.

### ✓ For Understanding:

- What do you say if the "seeker" is far from the coin?
- What do you say if the "seeker" is close to the coin?

### GAME TIP:

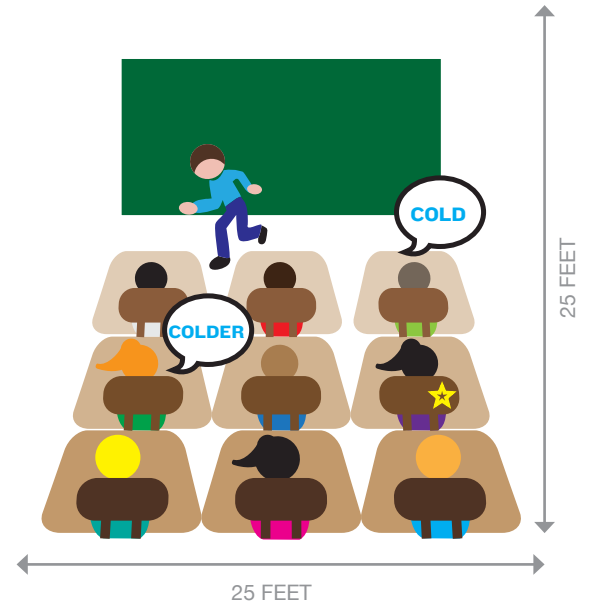
- Make sure students don't say the coin's location.

### CONFLICT RESOLUTION TIP:

- Play multiple rounds to have more than one "seeker" and "hider."

### OUTDOOR TIP:

- Students and the "seeker" can run around while searching for the coin.



### CATEGORY:

ACTIVE LISTENING

### ENVIRONMENT:

CLASSROOM

### GRADES:

K-5

### FITNESS FOCUS:



### BACK-UP GAMES:

ALIEN

RED HANDED

ZIP, ZAP, ZOOM

## PLAY → REP IT OUT!

- **EASY:** Make 2 students "seekers."
- **MEDIUM:** Have students shake their heads side to side for cold and up and down for hot.
- **HARD:** Have students mime the words instead of speaking.