

NAME AND MOTION

READY

EQUIPMENT:

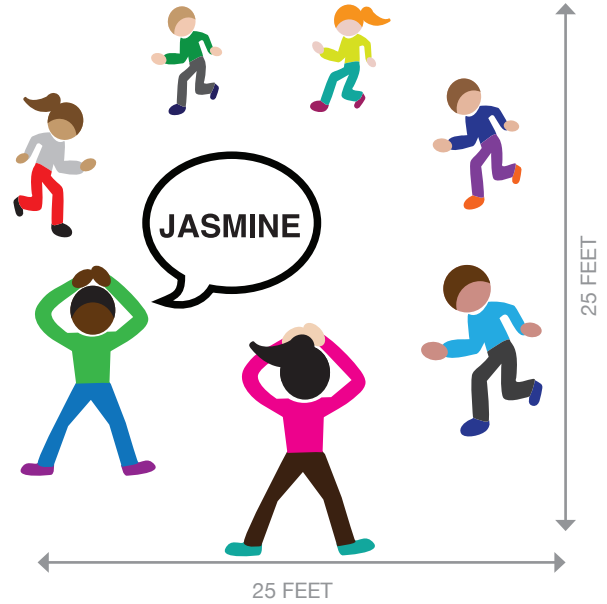
NONE

SET-UP:

PLAYERS FORM A CIRCLE

NUMBER OF PLAYERS: 5+

TIME: 10 MINUTES +



EXPLAIN

- 1 Players form a circle and stand 6 feet away from each other. One player will say his or her name and do a motion or gesture.
- 2 The person on the right of that player will repeat the first player's name and motion.
- 3 The first player's name and motion will be repeated by each person in the circle.
- 4 When it gets back to the first player, everyone will repeat his or her name and motion as a group.
- 5 After the name and motion is said as a group, the cycle starts again with a different player.

✓ **For Understanding:**

- What do you do after you say your name?
- What is a gesture?

GAME TIP:

- Demonstrate different types of motions and gestures before the game starts.

CONFLICT RESOLUTION TIP:

- Have the players practice their motions before the game starts.

PLAY → REP IT OUT!

- **EASY:** Have players do one motion..
- **MEDIUM:** Have players do two motions.
- **HARD:** Have players do three motions.

CATEGORY:

CIRCLE

ENVIRONMENT:

AUDITORIUM,
 CAFETERIA,
 CLASSROOM,
 GYMNASIUM,
 HALLWAY, LIBRARY,
 PLAYGROUND

GRADES:

K-8

FITNESS FOCUS:



BACK-UP GAMES:

ALL MY NEIGHBORS
 COUNTDOWN
 MEMORY BALL