

JEDI MIND TRICK

READY

EQUIPMENT:

CONES

SET-UP:

PLAYERS FORM A CIRCLE

NUMBER OF PLAYERS: 10+

TIME: 15 MINUTES +

EXPLAIN

- 1 Players form a circle standing 6 feet away from each other.
 Place a cone in front of each player.
- The leader will pick the first jedi, who will stand in the middle and tell everyone to look down, then to look up.
- 3 If you make eye contact with another player when you look up, you must quickly switch spots.
- 4 The jedi will try to take a player's spot by getting to the empty cone first.
- 5 The player left without a spot becomes the next jedi.

√ For Understanding:

- When can you switch spots?
- When do you become a jedi?

GAME TIP:

Have the jedi do five jumping jacks before the next round.

CONFLICT RESOLUTION TIP:

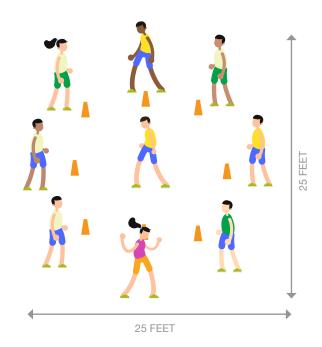
Use rock-paper-scissors to settle disputes.

PLAY → REPIT OUT!

EASY: Skip.

MEDIUM: Hop on one foot.

HARD: Have two jedis.



CATEGORY: BEGINNER

ENVIRONMENT:

AUDITORIUM, CAFETERIA, CLASSROOM, GYMNASIUM, HALLWAY, LIBRARY, PLAYGROUND

GRADES:

3-8

FITNESS FOCUS:



BACK-UP GAMES:

ANIMAL FARM HIDING NEMO HIGH WIRE