

HUNGRY WOLF

READY

EQUIPMENT:

NONE

SET-UP:

EXPLAIN

PLAYERS FORM A CIRCLE

NUMBER OF PLAYERS: 4+

TIME: 10 MINUTES +

Setting the set of the

25 FEET

2 To start, the facilitator says, "Hungry wolf, hungry wolf what time is it?" Whatever time the wolf says is the number of steps the bunnies take toward the wolf. For example: six o'clock = six steps.

1 Instruct players to form a line standing 6 feet apart from each other.

The goal is for the bunnies to avoid being tagged by the wolf.

- 3 If the wolf says, "It's dinnertime," the bunnies must run back to the start line before the wolf.
- 4 If the wolf gets to the line before a bunny, the bunny becomes a wolf and races the other bunnies.

Players are the bunnies and the facilitator is the wolf.

5 The game ends when everyone becomes a wolf.

✓ For Understanding:

- What do players have to ask the wolf?
- What do you do when the wolf says DINNERTIME?

GAME TIP:

• Have the last bunny be the first wolf for the next round.

CONFLICT RESOLUTION TIP:

Make sure students tag lightly with two fingers.

PLAY → REP IT OUT!

EASY: walk.
MEDIUM: Hop on two foot.
HARD: Skip.

CATEGORY: BEGINNER

ENVIRONMENT: GYMNASIUM, HALLWAY, PLAYGROUND

GRADES:

K-8

FITNESS FOCUS:



BACK-UP GAMES: ANIMAL FARM HIDING NEMO HIGH WIRE