

I'M GOING TO RECESS

READY

EQUIPMENT:

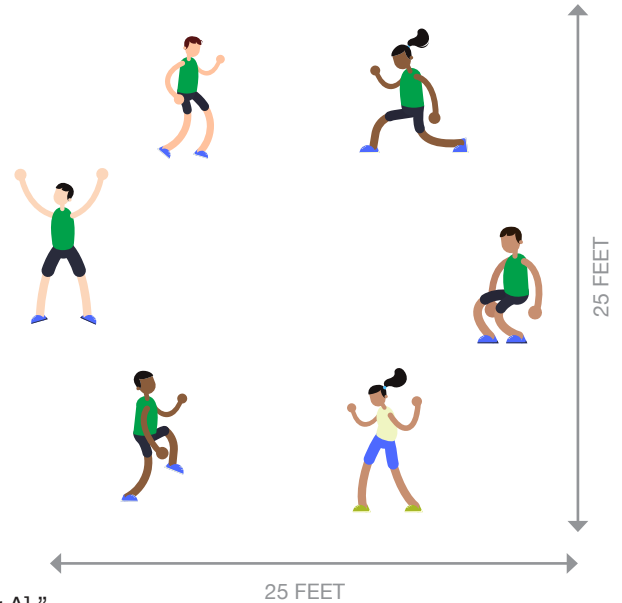
NONE

SET-UP:

PLAYERS FORM A CIRCLE

NUMBER OF PLAYERS: 5+

TIME: 10 MINUTES +



EXPLAIN

- 1 Players form a circle standing 6 feet apart from one another.
- 2 The leader will select one person to start. That player will say, "I am going to recess and I am bringing [noun that begins with the letter A]."
- 3 The person on his or her left will then say, "I am going to recess and I am bringing [noun that begins with the letter B]." This pattern continues until the group completes the alphabet.
- 4 If someone says the incorrect letter or a word that is not in the dictionary, then the whole circle does 10 seconds of silly dancing.

✓ **For Understanding:**

- What does each word have to begin with?
- What happens if a player makes a mistake?

GAME TIP:

- Put a time limit on each turn.

CONFLICT RESOLUTION TIP:

- Play rock-paper-scissors to settle any disputes.

CATEGORY:
BEGINNER

ENVIRONMENT:

AUDITORIUM,
 CAFETERIA,
 CLASSROOM,
 GYMNASIUM,
 HALLWAY,
 LIBRARY,
 PLAYGROUND

GRADES:

K-8

FITNESS FOCUS:



BACK-UP GAMES:

ANIMAL FARM
 HIDING NEMO
 HIGH WIRE

PLAY → REP IT OUT!

- **EASY:** Players must jog in place.
- **MEDIUM:** Players must make it through the alphabet twice.
- **HARD:** Players can only bring something from a specific category (fruit, animals, etc.).