DO AS I SAY, NOT AS I DO

READY

EQUIPMENT:
NONE

SET-UP:
PLAYERS FORM A CIRCLE

NUMBER OF PLAYERS: 5+

TIME: 10 MINUTES +

EXPLAIN

1. Players form a circle standing 6 feet away from one another.

2. The leader will select one person to start the game. The selected player will turn to the person on his or her left and say, “I am doing [insert verb].” For example, “I am brushing my teeth.” However, the player will act out a different action. For example, he or she will pretend to climb a ladder.

3. The person on his or her left will then act out the action that was spoken aloud but say a different action. In this example, the player would pretend to brush his or her teeth but say something else, like, “I am walking a dog.”

4. Players must make it around the circle without making a mistake. If someone does make a mistake, then the whole circle must do the action that was said and run in place for 10 seconds.

✓ For Understanding:
• What do you do when you say what you are doing?
• What do you do when you are told what someone else is doing?

GAME TIP:
• Alter the pace of play depending on how the group is faring.

CONFLICT RESOLUTION TIP:
• Only the leader can judge whether there has been a mistake or not.

PLAY ➔ REP IT OUT!

EASY: Have a goal time for players to make it around the circle.

MEDIUM: All players must remember and perform what everyone has said.

HARD: All players must remember and perform what everyone has said and done.